MANIPAL MARATHON 2025

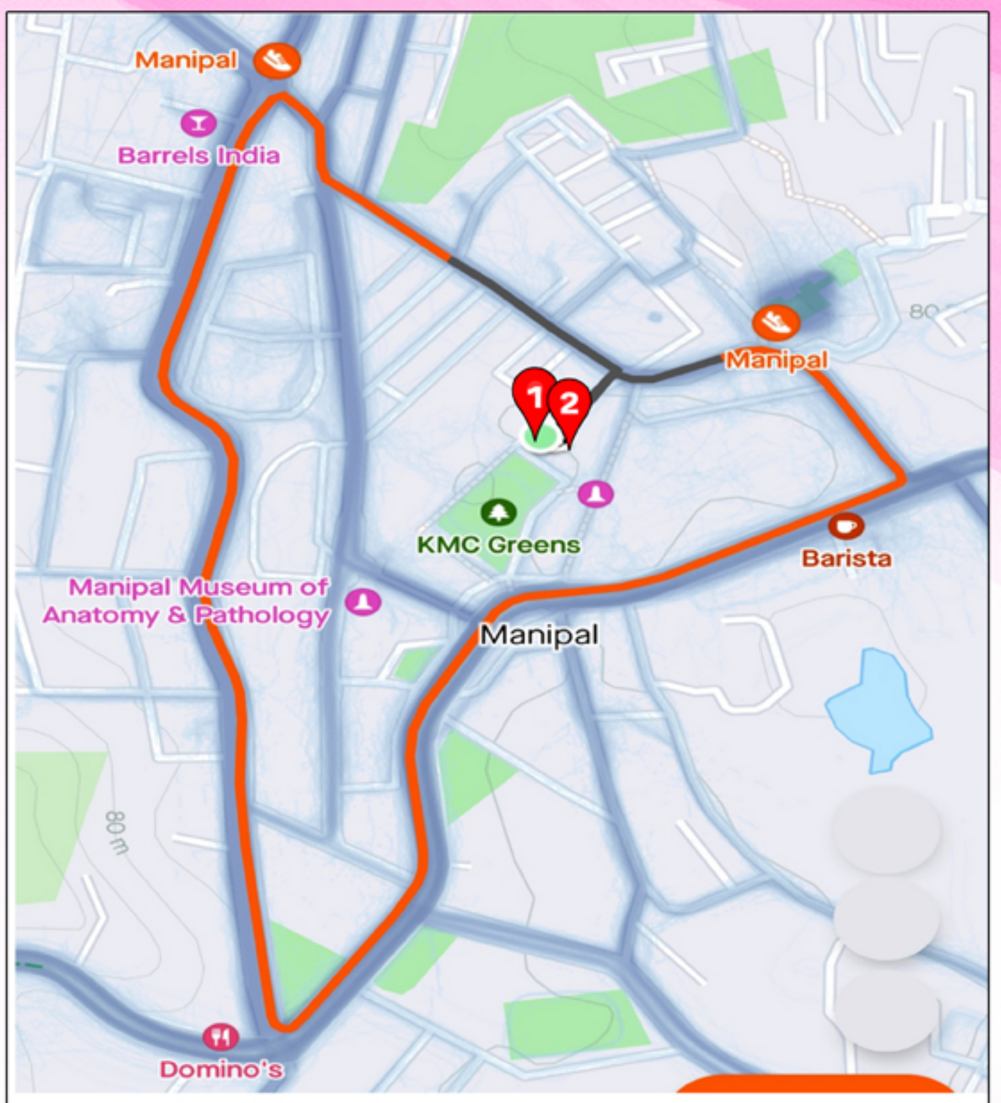
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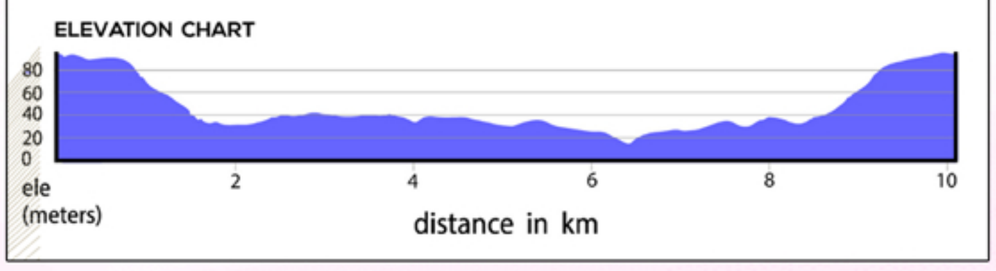
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09th FEBRUARY

IAAF AIMS CERTIFIED COURSE

ROUTE MAP OF 3KM





ROUTE DESCRIPTION

1.KMC GREENS

2.KMC GREENS

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Unext

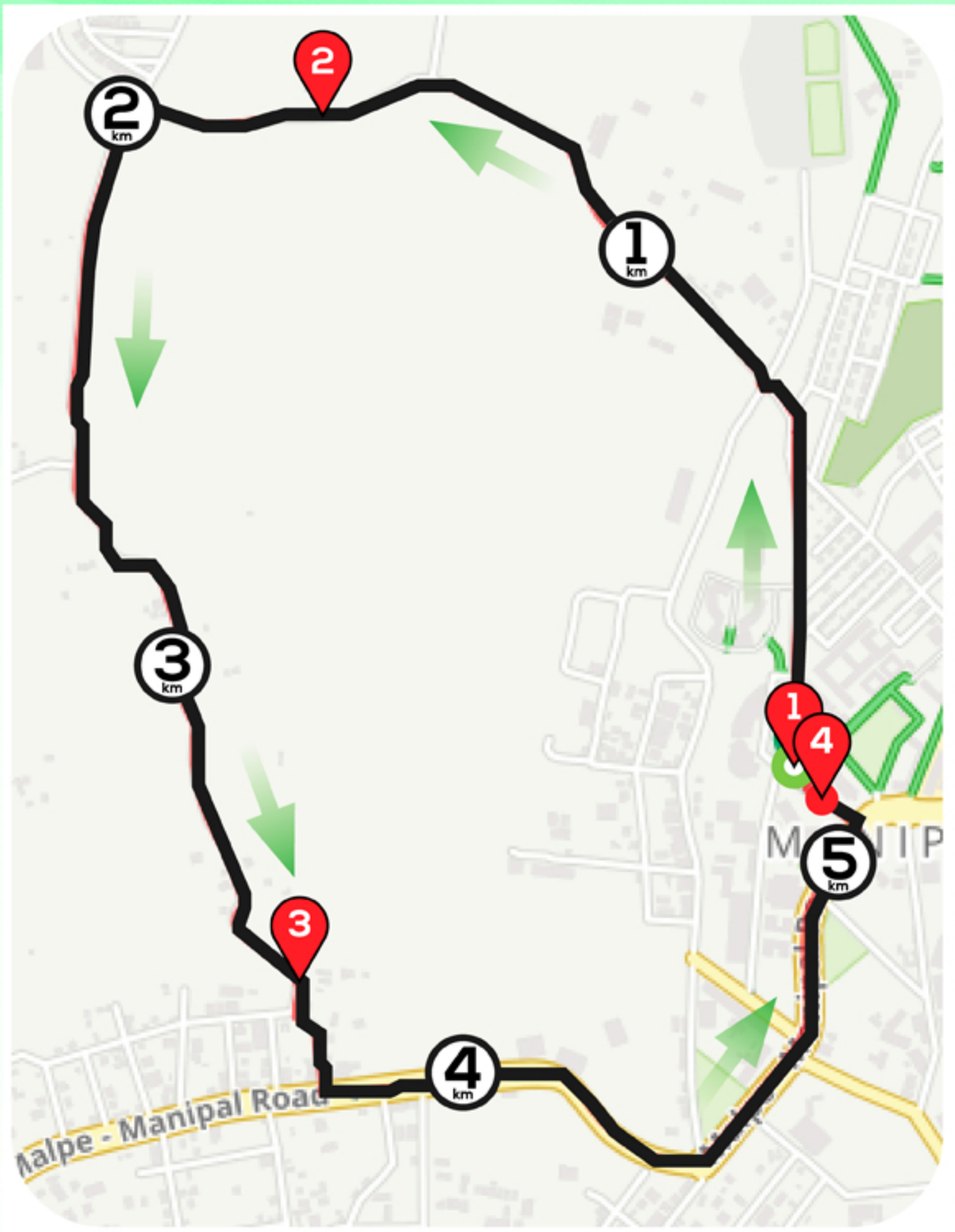
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09th FEBRUARY

ROUTE MAP OF 5KM

IAAF AIMS CERTIFIED COURSE



POINT OF INTEREST

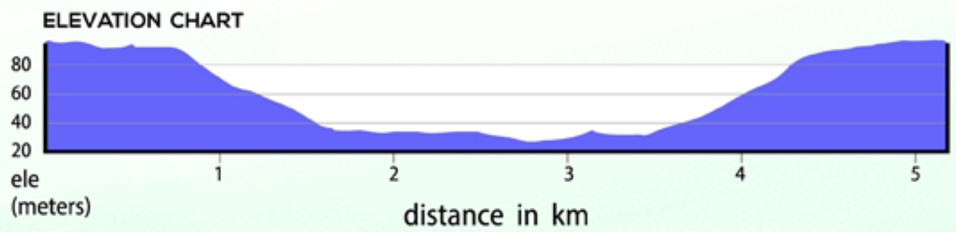
- 1.9 KM
- 3 KM
- 3.77 KM

WATER STATIONS

ELECTROLYTE STATIONS

ROUTE DESCRIPTION

1. MAHE
2. PERAMPALLI
3. LAXMINDRA NAGAR
4. MAHE



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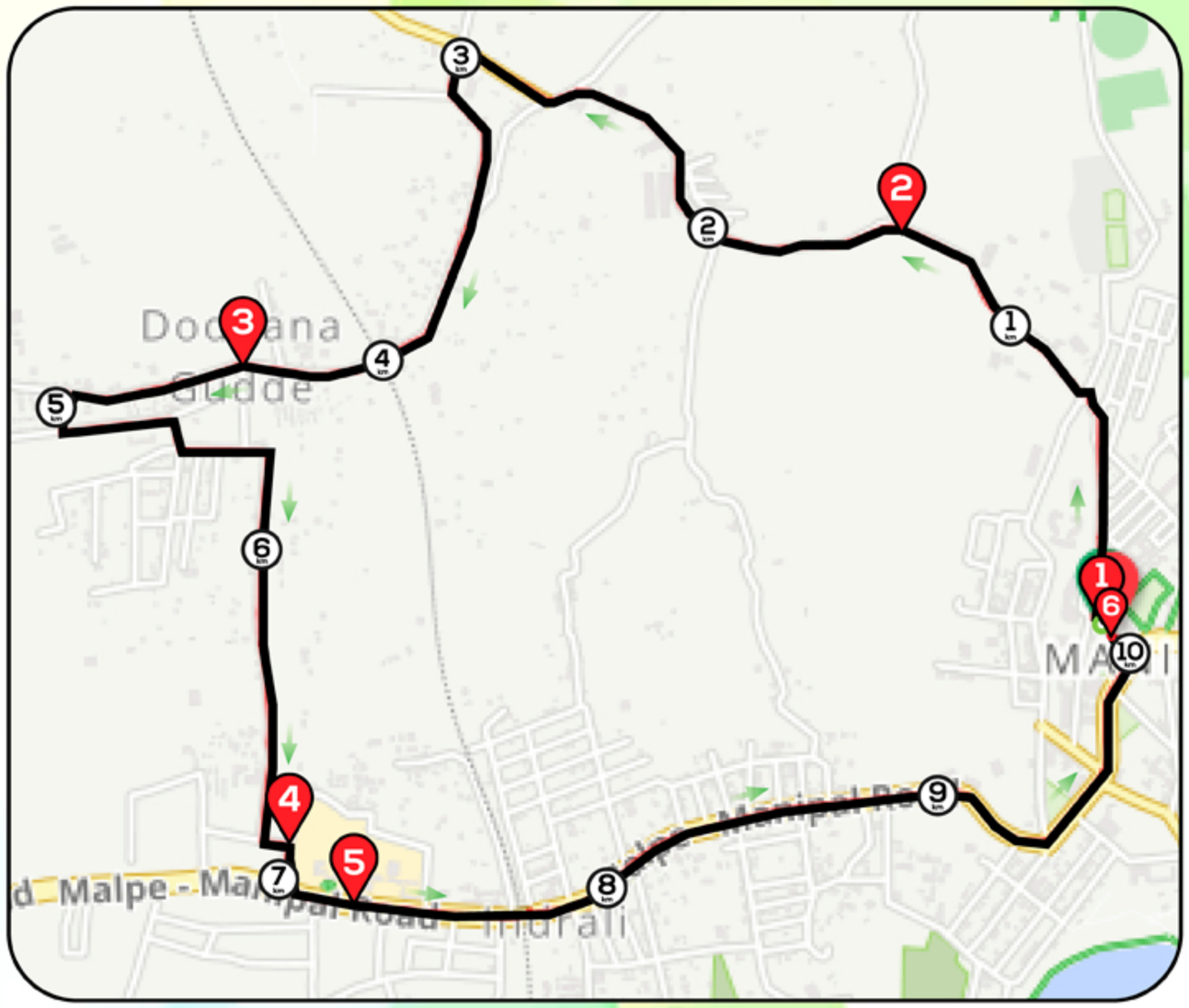
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ROUTE MAP OF 10KM

IAAF AIMS CERTIFIED COURSE



POINT OF INTEREST

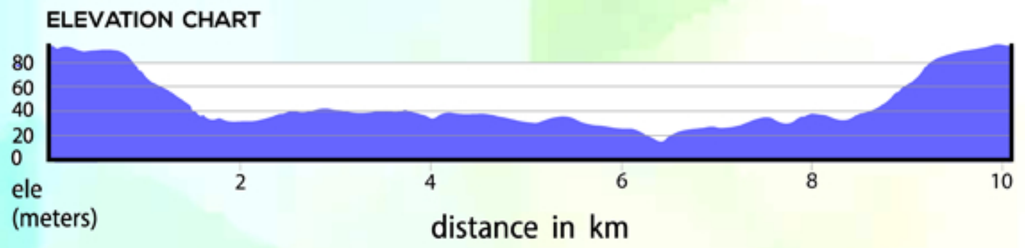
- 1.9 KM
- 3.7 KM
- 4.8 KM
- 6.3 KM
- 7.3 KM
- 8.8 KM

WATER STATIONS

ELECTROLYTE STATIONS

ROUTE DESCRIPTION

1. MAHE
2. PERAMPALLI
3. DODDANA GUDDE
4. KUNJIBETTU
5. MGM COLLEGE
6. MAHE



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unext

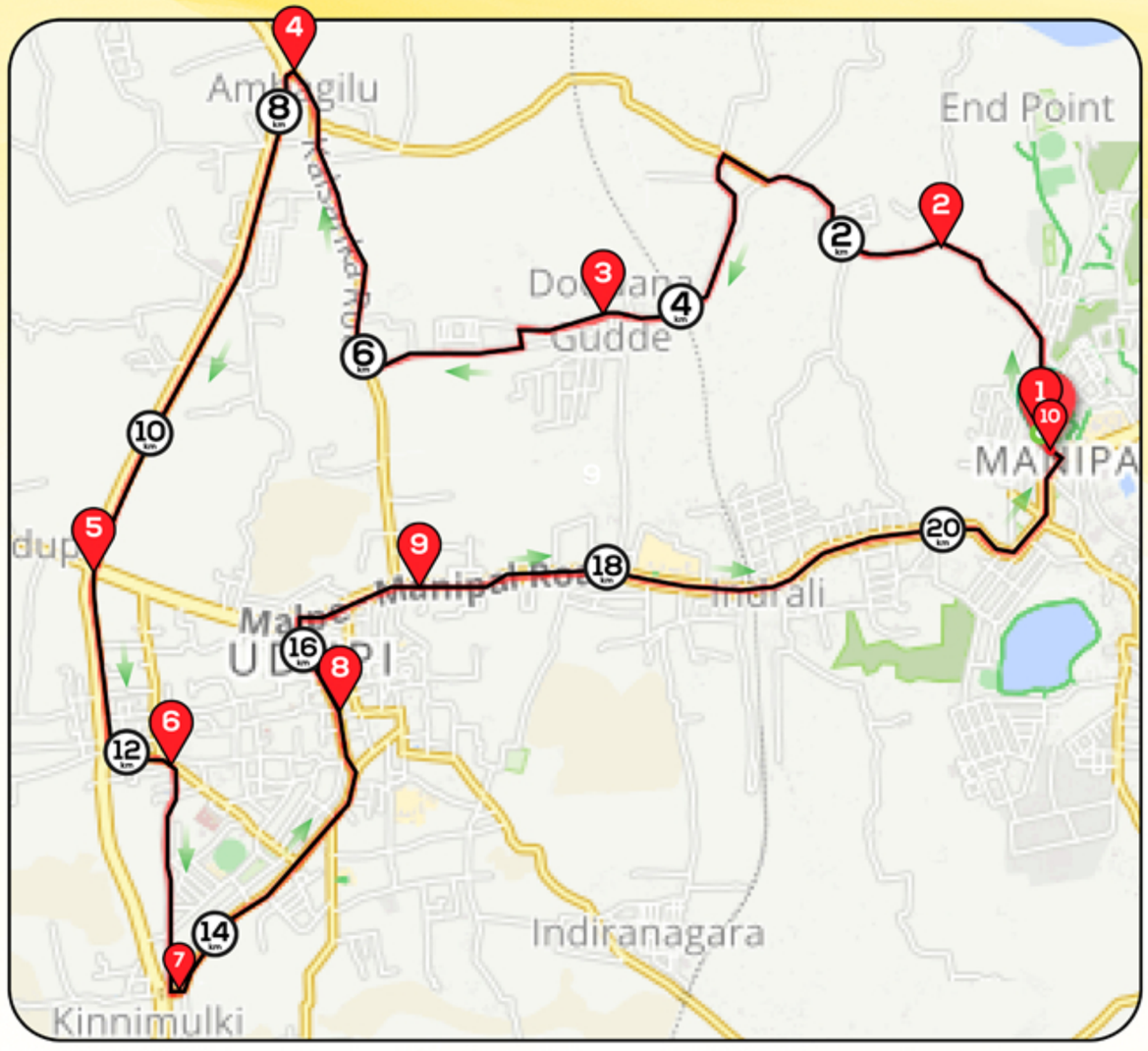
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ROUTE MAP OF 21.1KM

IAAF AIMS CERTIFIED COURSE



POINT OF INTEREST

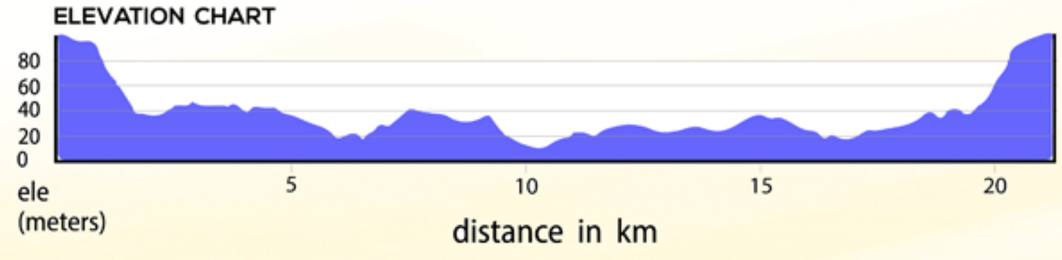
1.9 KM	12.5 KM
3.7 KM	14 KM
4.8 KM	15.4 KM
7 KM	17 KM
9 KM	18.3 KM
11 KM	19.6 KM

WATER STATIONS

ELECTROLYTE STATIONS

ROUTE DESCRIPTION

1. MAHE
2. PERAMPALLI
3. DODDANA GUDDE
4. AMBAGILU
5. ADI-UDUPI
6. BRAMHAGIRI
7. KINNIMULKI
8. UDUPI
9. KALSANKA
10. MAHE



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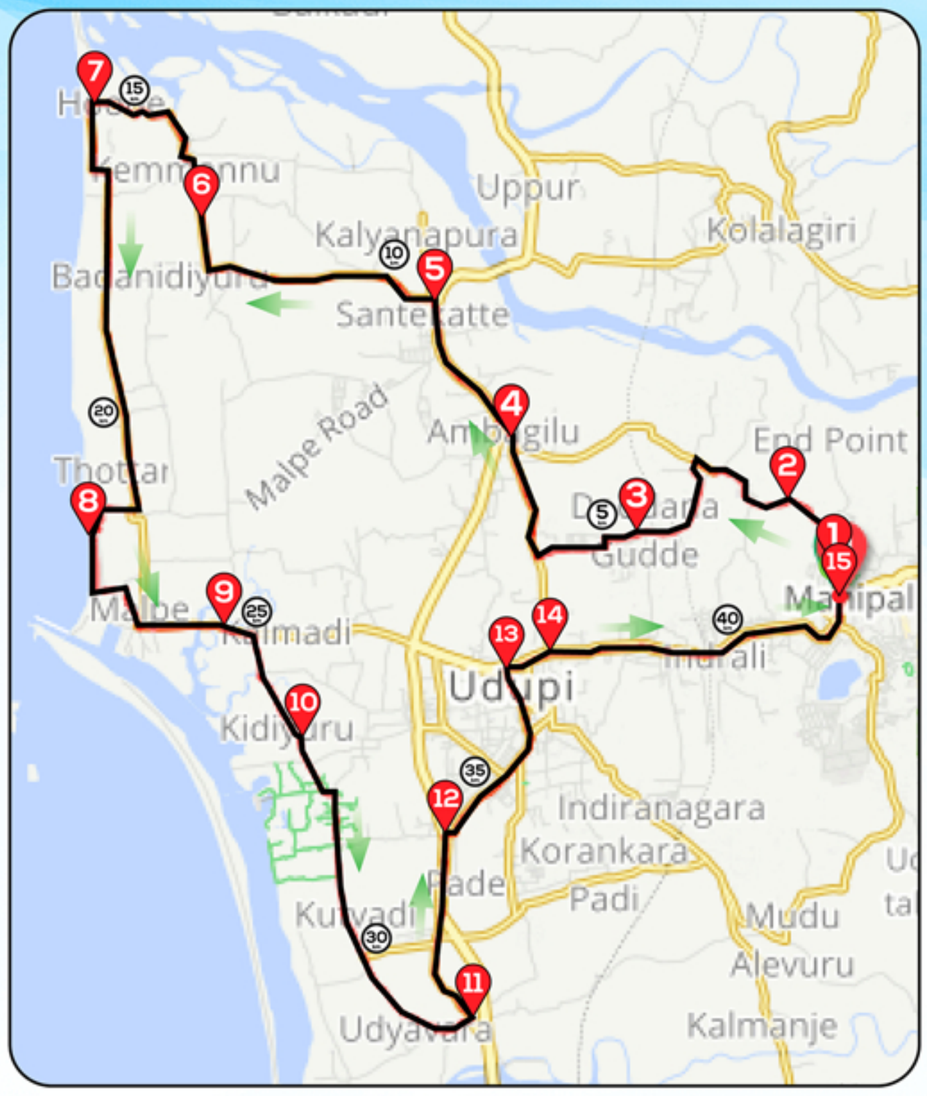
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ROUTE MAP 42.195KM

IAAF AIMS CERTIFIED COURSE



POINT OF INTEREST

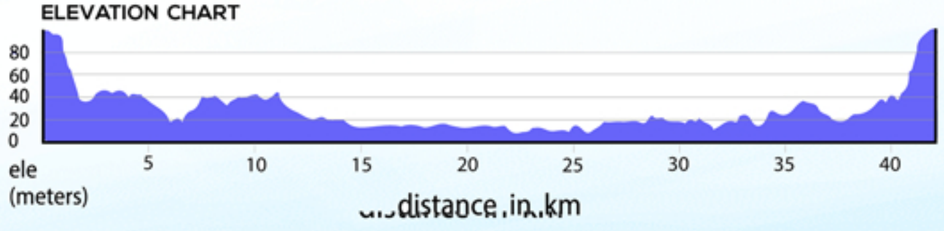
1.9 KM	💧	23 KM	💧 ⚡
3.7 KM	💧	25.3 KM	💧 ⚡
4.8 KM	💧	27 KM	💧 ⚡
7 KM	💧	29 KM	💧 ⚡
9 KM	💧 ⚡	31 KM	💧 ⚡
11 KM	💧 ⚡	33 KM	💧 ⚡
13 KM	💧 ⚡	35 KM	💧 ⚡
15 KM	💧 ⚡	36.3 KM	💧 ⚡
17 KM	💧 ⚡	37.7 KM	💧 ⚡
19 KM	💧 ⚡	39 KM	💧 ⚡
21 KM	💧 ⚡	40.6 KM	💧 ⚡

WATER STATIONS — ELECTROLYTE STATIONS

FAST&UP

ROUTE DESCRIPTION

1. MAHE
2. PERAMPALLI
3. DODDANA GUDDE
4. AMBAGILU
5. SANTHEKATTE
6. KEMMANNU
7. HOODE
8. MALPE BEACH
9. KALMADY
10. KIDIYOOR
11. UDYAVARA
12. KINNIMULKI
13. UDUPI
14. KALSANKA
15. MAHE



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